

Coach Lisa Sandoval

Professional Bio

Coach Lisa Sandoval chose to work at St. Charles because of the educational philosophy espoused by the school. She received her Masters of Education in Elementary Education because she has always wanted to teach. Before deciding to teach, she worked with the severely mentally and physically handicapped and autistic children and adults teaching them life skills. She taught aerobics and worked in a nursing home teaching aerobics as well. She has been an office manager, bookstore manager and manager of a salsa company. Coach Sandoval will continue to teach P.E. as long as she loves physical fitness.

Educational Philosophy

Coach Sandoval believes that all children can come to an understanding of how important physical fitness is. She wants children to learn how to be healthy and care about being healthy. As the reading teacher, she believes as children read more, they can learn to love reading and understand what they read and spell correctly. Coach Sandoval wants us to remember that we are not going to like everything in life, but our attitude determines whether or not we enjoy life. If your attitude is good – life is good.

