

# Janet Bridgers

## ***Professional Bio***

Janet is a native of Albuquerque and has spent most of her life here. Her teaching career began many years ago as a Registered Dietitian. To begin a second career in Education, she obtained a Masters Degree in Elementary Education at the University of New Mexico. Since then, has been utilizing her background in nutrition education and parenting and her elementary education to teach first grade for four years. She began teaching fifth grade in 2011.

## ***Educational Philosophy***

My teaching philosophy is simple: I teach so others may learn, and as I do this, I learn myself. My emphasis in the classroom is implementing research-based strategies to help each child discover the world according to his/her learning style. Most importantly, I am a teacher because of a calling from our Lord Jesus Christ who supplies me with creativity, wisdom and patience; providing your child with a safe and fun learning environment.

