

9+1 SERVICE HOURS

**Each trimester, you will complete 9 hours of service.
You must complete at least 3 hours in each of these areas:**

- 1.) Family – go above and beyond your daily/weekly chores.**
- 2.) Parish/School – Extend your faith and/or school spirit by volunteering your time**
- 3.) The Community – Reach out to a community organization**

3 HOURS HELPING FAMILY
+
3 HOURS HELPING YOUR PARISH/SCHOOL
+
3 HOURS HELPING THE COMMUNITY
=
9 HOURS OF TIME WELL SPENT
PLUS 1 HOUR FOR EXTRA CREDIT

Complete the attached time sheet. Include the date, location, description of service, a coordinators phone number, hours worked, and the signature of the volunteer coordinator for full credit.

“Volunteers are the only human beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience, and just plain love for one another.”

- Erma Brombeck (author)

SERVICE HOURS TIME SHEET

Helping Family

Date	Location/Description of Service	Phone #	Hours	Signature of coordinator

Helping Parish/School

Date	Location/Description of Service	Phone #	Hours	Signature of coordinator

Helping the Community

Date	Location/Description of Service	Phone #	Hours	Signature of coordinator