



The Cardinal Flyer

DECEMBER 14, 2009

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BJ's Corner

People come into your life for a Reason, a Season, or a Lifetime.

When you figure out which it is, you know exactly what to do. When someone is in your life for a REASON, it is usually to meet a need you have expressed outwardly or inwardly. They have come to assist you through a difficulty, to provide you with guidance and support, to aid you physically, emotionally, or spiritually.

They may seem like a godsend, and they are. They are there for the reason you need them to be. Then, without any wrongdoing on your part or at an inconvenient time, this person will say or do something to bring the relationship to an end. Sometimes they die. Sometimes they walk away. Sometimes they act up or out and force you to take a stand. What we must realize is that our need has been met, our desire fulfilled; their work is done. The prayer you sent up has been answered and it is now time to move on.

When people come into your life for a SEASON, it is because your turn has come to share, grow, or learn. They may bring you an experience of peace or make you laugh. They may teach you something you have never done. They usually give you an unbelievable amount of joy. Believe it! It is real! But, only for a season.

LIFETIME relationships teach you lifetime lessons; those things you must build upon in order to have a solid emotional foundation. Your job is to accept the lesson, love that person/people (anyway); and put what you have learned to use in all other relationships and areas of your life. It is said that love is blind but friendship is clairvoyant.

Thank you for being a part of my life.
"It's not my ear you whispered into, but my heart.

It's not my lips that you kissed,
but my soul."

Did you know that an eagle knows when a storm is approaching long before it breaks? The eagle will fly to some high spot and wait for the winds to come. When the storm hits, it sets its wings so that the wind will pick it up and lift it up above the storm. While the storm rages below, the eagle is soaring above it. The eagle does not escape the storm. It simply uses the storm to lift it higher. It rises on the winds that bring the storm.

When the storms of life come upon us - and all of us will experience them - we can rise above them by setting our minds and our belief toward God.

Calendar Update

***December 17th –
Christmas Musical
7:00p.m. Kiva
Auditorium***

***December 18th –
January 4th
No School***

The storms do not have to overcome us. We can allow God's power to lift us above them. God enables us to ride the winds of the storm that bring sickness, tragedy, failure and disappointment in our lives. We can soar above the storm. Remember, it is not the burdens of life that weigh us down; it is how we handle them. The bible says, "Those who hope in the Lord will renew their strength. They will soar on wings like eagles."
Isaiah 40:31

Merry Christmas and a Blessed New Year.

B.J.

Spelling Bee

The St. Charles' Spelling Bee is tomorrow, December 9, 2009 at 8:00a.m. in the cafeteria. Parents are welcome to attend. The following participants and alternates are as follows:

<u>Grade</u>	<u>Participant</u>	<u>Alternate</u>
3A	Maya Montoya	Leslie Ortiz
3B	Sean Sanchez	Jessica Albanna
4A	Anthony Abeyta-Lopez	Adam Armijo
4B	Michael Ortiz	Patrick Gallegos
5A	Alicia Ulibarri	Michayla Paez –Trujillo
5B	Adrian Leon	Sara Albanna
6A	Anelisa Montoya	Taylor O'Connell
6B	Conner Munsey	Lauren Atencio
7A	Dennis Pyle	Francheseca Rodriguez
7B	Estefan Gonzales	Justin Starr
8A	Sarah Lucero	Maegan Martinez
8B	Jasara Benedict	Isabela Lopez

Kudos...

To Neils Hancock who is also running cross country track 3K Bantum Boys at the cougar track club. His team came in first place at the El Paso Regionals. As an individual, he came in third out of 150 bantum boys. His team is going to Reno Nevada for the Nationals. I think NM has some great runners and so do our Cardinals!!!

The Christmas Musical is Coming Soon!

WHAT TO WEAR:

K- 2nd grade: needs to wear plain Kelly green shirts (school recycle shirt acceptable/jog-a-thon shirt acceptable if turned inside out), tan pants, and a red bandana (may be purchased at Hobby Lobby or Michael's). Tennis shoes may be worn. NO SLEEVELESS SHIRTS.

3RD – 5TH grade: needs to wear plain Kelly green shirts (school recycle shirt acceptable/jog-a-thon acceptable if turned inside out), tan pants. Tennis shoes may be worn. NO SLEEVELESS SHIRTS.

St. Charles
Borromeo Catholic
School

1801 Hazeldine SE

505-243-5788

Fax: 505-764-8842

www.stcharlesabq.org

Middle School: needs to wear plain black shirts (with sleeves and round neckline) and black pants. Tennis shoes may be worn. NO SLEEVELESS SHIRTS/NO TIGHT FITTING CLOTHES. **Mid School is having a dress rehearsal on Monday, December 14. Students may wear the black to school and all day if they want. If they want to change, they should bring in their uniform.**

Tickets are on sale at the Finance Office.

From The Finance Office

Remember, your \$300.00 subsidy fee is due in December if it was not paid by your parish, or if you chose to pay it yourself.

Koats for Kids

In partnership with KOAT News we are collecting coats until mid-December. Check your closets for gently used coats and sweaters. Please do not send hats/gloves.

Nurse's Niche

It's Not Cool to Wear a Jacket

It is officially time to wear a heavy type jacket or coat. I have written many articles about dressing warmly in the cold winter months but it doesn't seem as important as it does today. Yesterday was not as cold as today, yet it still was cold in the morning. So often I see students wearing only a hoodie to keep them warm. Yesterday morning I saw a middle school student wearing her jacket when she left her mother's car and quickly took it off when she turned the corner. I quite often remind students to wear their jackets and coat because of cold weather. I also have the occasion to see students who get picked up by their parents not even wearing a hoodie when they leave the front door. Friday when the temperature hit 17°F, a student was picked up by her parent and the parent so rightly reminded her child to go back downstairs to retrieve her jacket and wear it. Hence, I have come to the conclusion that wearing a jacket is not cool. I wish I could call these tips but they are actually ways to be smarter than your child when getting them to put on their jacket.

1. They tell you they are not cold. If their jaws are quivering or teeth chattering, this is a sign of cold. Don't reason with them about putting on a heavier jacket because it is a never ending battle. Suggest in way that it is their idea to put on another hoodie or fleece. The idea is to put on layers to keep them warm.
2. They don't have to wear a parka. Buying a light weight jacket to keep you warm in the winter is so easy now. However, you have to buy them what they want. If you buy your child a jacket they wouldn't be caught wearing in front of their friends, then it is money wasted. Keep it light weight with heavy insulating materials. However, purchase something you know they would wear in front of others.
3. You loose 2/3 of body heat from your head. Mittens and a beanie are a good compromise. They cannot be any mittens and beanie,

entice them with what they like. Buy them the brightest pink they want as long as they stay warm.

4. Choosing your battles. Many times I hear parents say, "This is not one of the battles I choose to have with them." When faced with more important issues, who can blame you? All I am saying is that you are the parent, so be smarter than them. Distract your child when they go outside. Talk about that new song by the Black Eyed Peas, then gently hand them their jacket. This way they have their jacket on and you keep the peace also.
5. Don't make it optional. When all else fails, assert your parental rights. Yes, this is a parental right to require your child to wear a jacket. Wearing a jacket is not an option in winter. Everyone needs to keep warm. The CDC reports that over 600 people die from hypothermia annually. This usually affects those people who can't even afford a jacket.

Nurse Nicole

Yearbooks Available Now

The 2010 yearbook is on sale now for the lowest price of the year. Don't miss the opportunity to get the official story of the entire school year. If you order today you can get this \$40.00 yearbook for the sale price of \$35.00! Reserve your copy online today at www.jostensyearbooks.com. Don't delay. **You only have until January 24, 2010 to get your book at this price. ONLINE ORDERS ONLY!!**

Girl's Basketball Tournament

Congratulations to all of our basketball teams. All of them are in the upper bracket of the tournament.

C – Team plays Bosque

Wed, 12/9 at Holy Ghost at 4:00 p.m.

If win, they play

Thurs. 12/10 at Annunciation at 5:00 p.m.

If win, they play

Sat. 12/12 at St. Pius at 9:15 a.m.

B – Team plays Menaul

Tues. 12/8 at St. Therese at 5:00 p.m.

If win, they play

Wed. 12/9 at St. Thomas at 5:00 p.m.

If win, they play

Sat. 12/12 at St. Pius at 11:45 a.m.

A – Team plays Hope

Wed. 12/9 at Holy Ghost at 6:00 p.m.

If win, they play Holy Ghost

Fri. 12/11 at St. Pius at 5:00 p.m.

If win, they play

Sat. 12/12 at St. Pius at 2:30 p.m.

