



# The Cardinal Flyer

NOVEMBER 10, 2009

VOLUME 12, NUMBER 12

## BJ's Corner

Dear Families,

I hope you are enjoying our warm weather?

Last weekend I had the honor of showing our school to Sister Helena who was the principal from 1980-1987. Her main comment was that she felt joy that we accomplished the myriad of things she could only dream of, i.e., air conditioning and communication system.

I also attended the Parish's 75<sup>th</sup> Anniversary Celebration, including mass and dinner. During dinner we welcomed back many of our former pastors and Brother Peter. They are all well and doing a variety of services.

Lastly, I spent time reviewing and grading nine paragraph essays written by our middle school students. The topic was generally how leaders also need to do service! The example that was used was our Halloween Carnival and how it helped develop them as individuals.

I always knew we had the best kids ever, but these essays were the icing on the cake!

All 105 students shared that they realized how as a leader of a buddy they had to think of what someone else wants and not themselves. Also, they were amazed at how the little buddies wanted to share with each other and their big buddies.

I was overcome with pride because my big buddies addressed items like politeness, listening to others, generosity, kindness, honesty and enjoyment.

The bottom line is the majority of our students did what we expected and had a wonderful time even if it was cold.

As principal, I am forever grateful that all of you allowed our students to take the lead.

Have a great week.

B.J.

## School News:

As a school we are advertising in the Journal, New Mexico Kids, and all the Citadel radio stations. I am encouraging new comers to visit our school daily in November. If you know anyone who is interested, please encourage a visit.

## Calendar Update

*November 20<sup>th</sup> - 1<sup>st</sup>  
Trimester Report Card*

*November 25<sup>th</sup> - Early  
Dismissal 12:30*

*November 26<sup>th</sup> & 27<sup>th</sup> No  
School Thanksgiving  
Break*

## Winner of Scrip Contest!!

Congratulations to the winner of the Scrip contest – Karen Ortiz. She wins a \$50 Scrip card for ordering Scrip in the last five weeks. Over \$6000 worth of Scrip cards were ordered. Thanks everyone for your commitment to the program – we made a profit of over \$250.00. Keep buying Scrip – the more that buy the more that the school earns. Thank you! Look for the blast about special Christmas possibilities.

## Koats for Kids

In partnership with KOAT News we are collecting coats until mid-December. Check you closets for gently used coats and sweaters. Please do not send hats/gloves.

## Cookie Dough

This is our last major fundraiser this school year! Please try hard to sell as I use the money to pay many of our day to day bills. **See the blast today showing the prizes for selling!**

## Nurse's Niche

### Cleanliness Is Next To Godliness (And to be around other humans – Essential☺) Important Tips about Hygiene

As children grow and develop, they must learn how to take care of themselves and adhere to social etiquette guidelines. As the health professional at St. Charles, I have the great honor of helping students with their hygiene needs on a daily basis. Here are some important tips to help our Cardinals keep clean and healthy.

1. Please be sure that you are reminding your children, **especially middle school students to bathe everyday**. This practice is essential for developing self esteem and confidence.
2. Please be sure that you remind them to wear underarm deodorant and clean clothes after bathing. Sometimes with all the busy hustle and bustle of our day, they forget that again they must wear clean clothes instead of ones they have already worn. **Remind children to change their socks daily as well. Tennis shoes should also be washed when necessary.**
3. Shampoo and comb hair daily. It may seem mundane to keep reminding them to wash, but sometimes they forget or decide that they just don't want to and that no one will notice (**Believe me we notice**). A clean groomed look is essential for all students.
4. We are still in the midst of flu season. Remind them to wash their hands frequently and to cover their sneezes and coughs. Look at their sweatshirts and insure they are clean especially around the wrist. Constant reinforcement will make this an automatic habit for them.
5. Please refer to the St. Charles Handbook. Starting on page 31, there is a detailed description of the dress code and appearance requirements for all cardinals. This is the most important tool when preparing your student for school.
6. Please take some extra time and ensure your child is groomed adequately. This is imperative for their continued physical and social

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growth at school.

Nurse Nicole

## You Can Help with the Yearbook!!

**Get your pictures in the yearbook!** The Yearbook Staff invites students and parents to submit photos for the yearbook. If you've got great photos of school and community events or you and your friends just having fun, we'd like to see them. Our photographers can't be everywhere. Help us get as many photos as possible to create a terrific book everyone will want to have.

Here is how you can submit photos online:

- Go to: <https://images.jostens.com/login>
- If it does not automatically log you into the site, enter username: 400006460 and password: joyful
- Browse to select the photo(s) you wish to upload.
- Enter information about the photo and provide contact information in case the staff needs additional information.
- Click "Save Details".

It's that easy! Submit your photos today! The last day to submit photos is 2/21/2010.

Thank you, and enjoy the rest of the school year!

Donna Gallegos  
Yearbook Adviser and the 2010 Yearbook Staff.

*The Yearbook Staff will review all photos and determine final yearbook content. We cannot guarantee that all submissions can be used in the book.*

## Sports News

### Girl's Basketball

	HOME	AWAY		
November 10 <sup>th</sup>	Our Lady of Fatima	St. Charles	C-Team	4:00
			B-Team	5:00
	Hope @ OLF	St. Charles	A-Team	6:00
November 12 <sup>th</sup>	St. Therese	St. Charles	C-Team	4:00
			B-Team	5:00
			A-Team	6:00

