

The Cardinal Flyer

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B.J.'s Corner

From the Principal

Lights, camera, action...

This morning the film crew from L.A. spent time shooting several extra scenes for the movie "Sunshine Cleaning" that was filmed here last fall.

Thanks for your cooperation and attention to safety as you passed a myriad of people and equipment.

The Director and her assistants praised our children for their behavior and quietness during filming.

St. Charles School received a \$2,500.00 donation for the inconvenience and I will use it for scholarships.

Friday is a Teacher in-service. No School.

Thanks.

Have a Great Week.

Principal BJ
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Live in Thanksgiving Daily

Words to Live By

Think for a moment, if you will, of someone you know who is truly happy. We've all met those who seem to radiate happiness. They seem to smile more than others; they laugh more than others—just being around them makes us happier as well. Now think of someone you know who isn't happy at all. Perhaps they seem 10 years older than they are, drained of energy—perhaps they are angry or bitter or depressed.

What is the difference between them? What are the characteristics that differentiate the happy from the miserable? Is there something that unhappy people can do to be happier?

A long time ago in a faraway village lived a man who everyone did their very best to avoid. He was the type of person who believed that there was only one competent person in the world, and that one person was himself. Consequently, he was never satisfied with anything. His shoes never fit right. His shirt never felt comfortable. When his food wasn't too cold, it was too salty, and when it wasn't too hot, it was too bland.

If a field wasn't sowed by him, it was not sowed well. If he didn't close the door, the door was not closed properly. In short, he made a career of frowning, lecturing, criticizing, and mumbling about the incompetencies of every other person in the rest of the world.

Unfortunately, the man was married, which made matters all the worse. No matter what his wife did, in his eyes it was wrong. No matter what the unfortunate woman cooked, sewed, or cleaned—or even when she milked the cow—it was never satisfactory, and he let her know it. She tried very hard to be a good wife, but it seemed the harder she tried, the less she pleased him. Finally, one evening she could take no more. "I'll tell you what we'll do," she told him. "Tomorrow I will do your chores and you will do mine."

"But you can't do my chores," the man replied. "You

Athletic News

GIRLS BASKETBALL

November 7th – Home A @ 5:00, C @ 4:00

Holy Ghost/ Annunciation

November 12th – Away A,B,C 4:00, 5:00 & 6:00

OLA (Assumption)

GOOO CARDINALS!!! BJ

Lobo League Volleyball

If you are interested in forming a volleyball team to play in Lobo league, please see Mrs. Castillo in the office for information. Dave Buchholz, Lobo League Director, has offered to pay the registration fee for three teams. Interested players may also contact Mrs. Melissa Ramirez at 270-0720.

Classroom News

Hey Cardinals! Do you have a pet question? We have a veterinarian that is more than happy to answer your questions on animal care. Write your inquiries down on a sheet of paper and give them to your teacher! In the next special edition of the Cardinal Flyer your questions will be answered. Thank you Cardinals!

Helping the Victims of the California Fires

As you all already know, the people of California have suffered greatly as a result of the fires.

St. Charles National Junior Honor Society is sponsoring a fundraiser to help the people of California.

Starting on November 5th, we will be having a Family Photograph Contest. It will cost one dollar for each picture entered in the contest. There will be 3 categories to enter your pictures: Largest family, Cutest family, Craziest/funniest picture of a family. Entrance forms will be given out on November 2nd and you may submit as many pictures of your family as you like. Pictures will be accepted until November 13th. Voting will take place from November 13th through November 20th. Each vote will cost 25 cents. ALL VOTING WILL TAKE PLACE DURING LUNCH!

Please put your name and class on the back of the photograph so it can be returned.

Please give all photographs and entrance forms to your homeroom teachers.

As we celebrate FAMILY this school year, let us remember that there are many families who are suffering greatly in California, and let us reach out to help them.

“Everybody can be great. . . because anybody can serve. You don't have to have a college degree to serve. . . .You only need a heart full of grace. A soul generated by love.”

Martin Luther King, Jr

KOATS for KIDS

Our Annual Koats for Kids Collection will be on-going through the Month of November and the first two weeks of December, ending on December 14th. Please look through your closets and consider donating gently used outer garments such as coats, jackets, hooded sweatshirts and sweaters that no longer fit family members. Thank you for your kindness in thinking of and caring for those who might spend a cold winter without the help of our Cardinal Family.

Thank you for the time you will spend encouraging participation and the efforts you will make in storing the garments.

God Bless,

The First and Kinder Teachers

Volunteers Needed

Get your service hours! Volunteers are needed for the Susan G. Komen For the Cure Night at the Pit.

University of New Mexico Men's Basketball v. Southern Utah State. November 28, 2007

Game starts at 7:00p.m. Volunteers receive free admission to game for children and adults.

Help with game events and give aways and help raise awareness about breast cancer. To volunteer or for more information, call Traci at 401-5974 or email tcadigan@comcast.net.

CALENDAR OF EVENTS

***CALENDAR CHANGE – PLEASE MARK YOUR CALENDARS!!

Sleep in after the musical! There will be **no school for students on December 21, 2007** as was originally planned. It will be a teacher day!

Cookie Dough

Cookie Dough money is due November 14th.

PICTURE RE-TAKES

Picture re-takes will be done on Tuesday, November 13, 2007. If you were absent on picture day you may pick up an order form in the office. The money must be turned in on November 13th.

If you do not like your previous picture that was taken, you must bring in the old photos and give them to the photographer on November 13th.

November 19 – Actor's costumes for Christmas Musical must be brought in for approval.

November 21st – Early Dismissal

November 21st – Report cards go home. No report cards will not be handed out before Wednesday.

don't know the first thing about sowing, hoeing, and irrigating."

But the woman was adamant. And on top of that, she was filled with a righteous anger that frankly astonished and frightened the man to the point where he didn't dare disagree. So the next morning the wife went off to the fields and the man began the domestic chores. After thinking about it, he had actually convinced himself he was looking forward to it. Once and for all, he would demonstrate to his wife how things should be done.

Unfortunately, not everything went according to plan. In fact, nearly everything the man touched turned into disaster. He spilled the milk, let the pig get into the house, lost the cow, burned the dinner, and ultimately set the house on fire, narrowly escaping with his own life. When his wife returned, she discovered her husband sitting on a pile of ashes, smoke still rising from his clothes. But the woman wasn't the type to rub things in. She helped him up, wiped the soot from his beard, fixed him a little something to eat, and then prepared a bed of straw for them to sleep on.

From that day forward, the man never complained about anyone or anything else for as long as he lived.

What do you suppose this story teaches us?

For one thing, it teaches that those who complain make their own and others' lives miserable. The story also teaches humility. It reminds us that "pride goeth before destruction, and a haughty spirit before a fall" (*Prov. 16:18*). It teaches us not to judge others until we walk in their shoes for a while. In addition, the story illustrates a quality that the Roman orator Cicero claimed was "not only the greatest of virtues, but the parent of all the others" (Marcus Tullius Cicero, *Pro Plancio*, 54 b.c.). It is a quality I have found in every happy person I know. It is a quality that instantly makes a person more likable and more at peace. Where there is an abundance of this virtue, there is happiness. Where there is an absence of this virtue, there is often sadness, resentment, and futility.

The virtue is gratitude. In our story, it was the absence of gratitude that made the man miserable. Gratitude is a mark of a noble soul and a refined character. We like to be around those who are grateful. They tend to brighten all around them. They make others feel better about themselves. They tend to be more humble, more joyful, more likable.

FUNDRAISING UPDATES AND DEADLINES

FINAL CALL!

Today is the final day to purchase entertainment books. We will be closing out the account tomorrow at 10:00a.m. Hurry in, if you wish to purchase a book.

COOKIE DOUGH

Our cookie dough sale has begun!! The deadline to turn in money is: **Wednesday, November 14, 2007.**

BOX TOPS

Cut the box tops for education coupons off boxes and bring them in. We will receive checks for these too! Send them in with your student!

UNITED WAY

Designate your contributions to St. Charles.

May I Suggest?

Q: Can we not hold hands for the Our Father? I'm convinced we're passing germs this way (see Nurse's column in Cardinal Flyer), and then right after, people receive Communion...! That's got be unsanitary.

A: I absolutely agree with you! I would say if you have a cold/runny nose/sniffles or recovering from the flu then No handholding or handshaking. When Father J.T. returns, I'll check with him and write his response next week.

Q:

A:

Nurse's Niche

The Season is Upon Us - Part III: Stay Home?

Last week I got a call from several parents concerned about their sick children. As always when I receive calls as these, I follow up with the child with my own assessment. It is not always easy to know when to keep your child in school. They seem mildly affected by some virus, but then insist on coming into school. Or maybe as parents, we have too much on our plate and it is inconvenient to stay home with our sick child. Whatever the case may be, there is a fine line we must follow to ensure our children are safe and healthy.

There is no rule book that says if your child has some symptoms, then they must stay home and rest to feel better. Whether a child may have a gastrointestinal illness, a fever, or a common cold, it is likely that they have spread their illness to other children even before they realized they are sick. And then there is truancy laws now that make us think twice about keeping our sick children home. Generally, we rely on our primary care physician to guide us to decide what activities our child is able to handle. However, your child may not need to visit the doctor for whatever ails them.

Whenever children gather in a group, their likelihood for exposure to illness increases. When children don't practice healthy habits like proper hand washing or covering a sneeze or cough, the risk is even greater. A single infected child can spread illness to others and this is why it is sensible and considerate to others to keep your sick child at home.

I venture to challenge all parents to stay engaged with your children. No one knows them exactly as you do. I could tell you that if your child has a fever over 100 degrees Fahrenheit, the state of New Mexico Department of Health says that your child must stay home. If your child has diarrhea and a fever over 100 degrees, the state says they must stay home. They are concerned about the spread of infection. You are concerned about your child. The most important factor to consider is whether your child feels well enough to focus and participate in class. When in doubt always steer toward the conservative and stay home.

Nicole Sandoval RN

