



The Cardinal Flyer Special Student Addition

Helping the Victims of the California Fires

As you all already know, the people of California have suffered greatly as a result of the fires. The St. Charles National Junior Honor Society is sponsoring a fundraiser to help the people of California. Starting on November 5th, we will be having a Family Photograph Contest. It will cost one dollar for each picture entered in the contest. There will be 3 categories to enter your pictures: Largest family, Cutest family, and Craziest/funniest

picture of a family. Entrance forms will be given out on November 2nd and you may submit as many pictures of your family as you like. Pictures will be accepted until November 13th. Voting will take place from November 13th through November 20th. Each vote will cost 25 cents. **ALL VOTING WILL TAKE PLACE DURING LUNCH!** Please put your name and class on the back of the photograph so it can

be returned. Please give all photographs and entrance forms to your homeroom teachers. As we celebrate FAMILY this school year, let us remember that there are many families who are suffering greatly in California, and let us reach out to help them. "Everybody can be great. . . because anybody can serve. You don't have to have a college degree to serve. . . You only need a heart full of grace. A soul generated by love."

St. Charles Borromeo School

Special Student Addition

October 30, 2007

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Nurse's Niche The Season is Upon Us Part II: Keep It Covered

Influenza is a virus that is easily spread from host to host via coughing and sneezing. This virus targets the nose, throat and lungs. A person can contract this virus simply by coming into contact with someone who has the virus and failing to wash their hands. It is socially acceptable to contain the germs that are emitted with a cough or a sneeze as long as you take great care in covering your mouth and nose when sneeze. It should seem so simple to remember to cover your mouth and nose when you sneeze and cough. We are

taught this at a young age. So how come it is not uncommon to see children and adults alike not doing this basic hygiene practice? The answer is easy...we forget. The proper procedure to follow when coughing or sneezing is to turn the face and then cover the mouth and nose with a tissue. If a tissue is not available, catch the sneeze or cough in the hands, but remember to always follow up with good hand washing. In addition, it is essential to keep in mind the need to blow the nose often. Believe it or not, Cardinals have a tendency

not to blow their noses. However, the easiest way to stop the nose from running is to blow it. Though, it is important to remember to wash the hands. So what do we do about those people who forget to cover their mouth and nose? We protect ourselves. Good hand washing is the most significant way to protect ourselves. Alcohol based and gel sanitizes your hands but it does not get all the germs off the hands. It is a good alternative when you don't have access to soap and water. Hand washing is the single best way to protect



yourself from germs invading your body. So remember to keep it covered when you're about to sneeze or cough. The person next to you will thank you for caring so much about their health. Stop the spread of germs by covering your mouth and nose, washing your hands, and reminding your children to do the same.

Nicole Sandoval RN

Balloon Aloft by Rory Martinez and Jennifer Hernandez

On November 21, 1783, Francis Laurent, Marquis D'Arlandes and Francois Pilate de Rozier made the first manned flight [5 miles] in a Montgolfier brother's hot air balloon in Paris, France. The envelope was made of cotton and paper with aluminum as a fire-proofing. The pilots of the balloon stood on opposite sides for balance. They burned wool and straw to keep the air in the balloon hot. After the flight they drank champagne to celebrate.

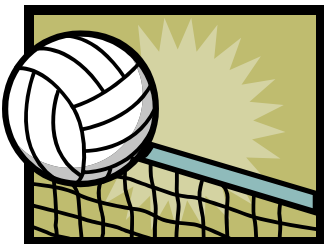
Here at St. Charles we have our own version of ballooning. We asked some kids questions about their favorite

part of the Balloon Aloft Day some students answered when the balloon goes up, and others said when they ignite the flame. We asked others, does this inspire you? One student answered; yes it inspires me because it gives me an opportunity to have this privilege of seeing the balloon up close. Would you like them to come again? Yes, because I like seeing the balloon go up in the air! We also did a survey on who has been in a balloon and who hasn't. 23 out of 80 people have been in a balloon. 57 out of 80 people haven't been in a balloon. It is really cool to have a balloon come to

our school and we would like it to keep coming!



Sports by Gabby Garcia and Lucia Smith



Sports!
Sports!
Sports!

On Saturday, October 13th, our lovely lady Cardinals; B-team volleyball won

the championship! From what people at the game said it was pretty exciting. Just in case you missed it, we interviewed a team player, from the winning team. We asked her what she felt like during the game, she said, "I felt nervous and excited." Also she said the most exciting moment was when Brittney Gulin hit the ball after

it was going out of bounds and saved it. After the game, when she realized they had won, she was happy! Alysia said, "The team was jumping up and down." Well there you have it. A word from our winning team! Be sure to catch some of these ladies in our upcoming sport season!

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Halloween Carnival by Andres Gallegos

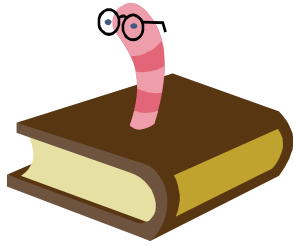
If you were at the St. Charles Halloween Carnival, you would know that it was a huge success just by the sheer number of people who attended. The volunteers were willing to do even the most minute jobs. Thank you to the National Junior Honor Society and Builder's Club members who volunteered to sell beverages, cotton candy, and caramel apples. Also, thank you to all the parents who took time out of their busy schedule to either come to help or just to have a good time because



the carnival wouldn't be a success without them. The food was awesome and the booths were magically capti-

vating. All because of generous donations and willing volunteers. There was a range of activities including a cake walk, a photo booth, and the long anticipated Annual St. Charles Raffle. The lucky \$2,000 winner was Ezequiel & Michelle Ortiz. The \$1,000 winner was Dee Ames. Last but not least was Brittney Preciado as the winner of the \$500 prize. The carnival was a huge success and a good time for all the kids and parents.

Current Events written by Gabby Garcia and Lucia Smith



What is D.R.A ?

D.R.A is the Developmental Reading Assessment

ment. We give this assessment to see how your child is doing in their reading and understanding what they read. We take this assessment twice a year. On October 19th & 22nd, students came in for their appointment with their teacher, and in the spring (April 25th & 28th) they will do it again! These assessments compare

and measure student growth. They are tools used to plan your student's education. This assessment will not be counted as a grade because its here to help our teachers direct instruction, and help our students learn.

Reading is a huge part of everything that we do, and St. Charles wants us to do well, so they teach us that when we are good readers we can succeed at anything; including spelling, social studies, science, theology, and even math. Its all related to reading!

Pet Vet

Hey Cardinals! Do you have a pet question? We have a veterinarian that is more than happy to answer your questions on animal care. Write your questions down on a sheet of paper and put them in the topic of the month box that is in the Cardinal Café! In the next special edition of the Cardinal Flyer, your questions will be answered.

Thank you Cardinals!



Calendar Events

***CALENDAR CHANGE - PLEASE MARK YOUR CALENDARS!!

Sleep in after the musical! There will **no school for students on December 21, 2007** as was originally planned. It will be a teacher day!

November 1st - Mass (all saints day)-4B

November 7th - Morning Prayer-2B

November 9th - Archdiocesan Spiritu-

ality/No School

November 14th - Mass-2A

November 21st- Mass for Thanksgiving (Remembrance Day)-7B

November 21st - end of trimester 1 report cards early dismissal (12:30)

November 22nd-23rd- Thanksgiving Break/ No School

November 28th and 29th-Sacrament of Reconciliation



Bring in Coats for Kids: November-December

Club News by Alysia R. Hernandez and Tatiana S. Ascevez and Anthonette J. Padilla



Builder's Club Are you curious as to what builder's Club is all about? Well here is some information! Builder's Club is a club that deals with service. St. Charles is the only Catholic Mid-School with the club. The club has three levels. The first is at mid-school level that is Builder's Club, then there is the High School level that is called Key Club, and lastly

there is the adult level which is called Kiwanis. All of these clubs involve service. They do small projects to help out the community. Here at St. Charles the Builder's Club helps out with the Halloween Carnival, and some of our other service projects." Builder's Club is a way for students to interact with the community," says Mrs. Menicucci, who is one of the supervisors for the club. She loves to do what she does because it is a way for her to help out the school, it is

her service. Also, Mrs. Rossow, another supervisor says that, "Builder's Club provides me the opportunity to help students develop service in their lives." Her definition of Builders Club is a service organization that is a stepping stone to the other levels of service. If you have any more questions about this important club please contact Mrs. Menicucci or Mrs. Rossow-Deming.

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Our lovely lady Cardinals are...

C team: Savannah King, Katlyne Johnson, Rachel Baca, Brandi Keryte, Rory Martinez, Shay Padilla, Gabriella Mora, Lauren Chavez, Larissa Romero, Franchesca Rodriguez, Janelle Ramierez, Tatiana Ascevez, Angelina Sanchez, **B team:** Madison Witte, Faith O'Connell, Bobbie Pierson, Samantha Cuncio, Adrianna Naranjo, Brittney Gulin-Conroy, Ariel DeHerrera, Katrina Llamas, Jasara Benedict, **A Team:** Natalie Nuñez, Erica Pascetti, Jennifer Baker, Briana Orozco-Ortiz, Analisa Romero, Lucy Chavez, Jacqueline Solis, Marisa Perez, Kristen Ramirez, Vanessa Garcia,
Congratulations girls!

Cardinal Word Search

K K N S A V E E S K S T Y
R I A O I D N T K Y Q L E P E T
N V P I S C N I N E L G K I T L
J A A H R C N S E W B A E E O C
L G T L I N D O S T C S O G U Q
E E P R T U R A I L E U S H O U
E V C S N U R U S T I P I A E C
D B Y V L A N I D R A C S X M T
C S N E M S S Y L S N C J I O F
S I I E I I M R O F I N U I C O
Z E E M V B D G A T O O F D L E
R A L U C I R R U C A R T X E I
J N T H H M J C K S E T C G W L
E O S S P S H U O D P N R N T G
M G V A E C T A J I B E F E F J
E N E E B E D F O A K K A G M S

Words To Find:

1. Kiva
2. Education
3. Cardinal
4. Uniform
5. Welcome
6. Mass
7. Extracurricular

Jokes

1. Why did the mushroom go to the party?

A: Because he was a Fungi.

2. Why did the mushroom leave the party?

A: Because there wasn't mush-room.

3. Where do ponytails go to catch a plane?

A: To the HAIR port.



Written by: Megan Cadigan

Topic of the Month: Jesus' Kids



The Cardinal Journalist asked kids who was most like Jesus. Students answered the question and put it in the Topic of the Month Box that is in the Cardi-

nal Café. Here is what people said. Thank you cardinals for your response!

*Nathaniel Cuaron is most like Jesus because he is a good brother.

*Sister Clara is most like Jesus because she is very holy.

*Lily is most like Jesus because she is helpful.

*Elliot Espinosa is most like Jesus because he helped a struggling kid in class

*Father Lane is the most like

Jesus because he loves school masses and is a really good person.

*Martin is most like Jesus because no matter how busy he is, he always takes care of someone's request and does it in a gentle way, like Jesus would.

*Larina is most like Jesus because she is very sweet.