



The Cardinal Flyer

OCTOBER 6, 2009

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BJ's Corner

Dear Families,
To date there have not been any verifiable cases of H1N1 at St. Charles.

As administrator, I have directed specific cleaning several times a week and encouraged all students to wash their hands frequently. If your child is ill please leave him/her at home for as long as needed. **You should wait at least 24 hours after the fever has broken.**

Rest assured I am keeping a very close watch locally and nationally on H1N1. My interest is in keeping all our Cardinals safe and healthy.

B.J.

I recently read an article from the Chicago Tribune that encourages parents to teach children life's essential tasks early. A few suggestions are as follows:

Laundry: At two or three years old children can sort the laundry. Wait until 10 years before handling detergent.

Dishes: The experts say a four year old can load/unload a dishwasher. However, keep them away from glass and knives. By nine, they should be able to do it all.

Set a table: A five year old should be able to set a table.

Trash: Again, the experts encourage a 3 year old to sort recyclables and all seven and eight year olds to take out the trash.

Dial 911: At age five each child should know how to call 911 and state the emergency.

Through my various readings it appears that children in today's world are not given responsibilities around their homes. If you are not already teaching your child the five tasks above, try it... you might like it!

Have a great week.

B.J.

New Spirit Shirts and Sweatshirts are on Sale!!

Preorder the new spirit shirt today! New this year we are selling a spirit hoodie. This can be worn to and from school and all day on Fridays (Spirit Day!). Also for sale are the red zipper sweatshirts. This can be worn every day. Your child has the order form or you can get one from the finance office. Order by October 16th by 9:00 a.m.

Calendar Update

October 9th - Parent/
Teacher Conferences

October 23 and 26 – DRA
Assessments

October 30th – Halloween
Carnival 11:30 a.m.

8th Grade ITBS TESTS

ITBS tests for 8th grade are being given on Wednesday, October 7th & Thursday, October 8th. It is imperative that each child in the 8th grade takes and completes the exam during the week. Please **DO NOT** take your child out of school early, for an appointment. I would appreciate your full cooperation with this requirement. Please make sure your child gets 10 hours of sleep and a healthy breakfast.

Parent/Teacher Conferences

Don't forget, parent/teacher conferences are this Friday, October 9th. Your student should have brought home a slip with the time of your conference. Please be prompt.



NJHS Donut Sale

On Friday, during Parent/Teacher Conferences, our National Junior Honor Society members will be selling donuts and drinks. Donuts are \$1.00, and a donut and a drink are \$2.00. Come and support NJHS and St. Charles!

Nurse's Niche

How Do I Excuse My Sick Children from School?

St. Charles is dedicated to your children's health. In conjunction with administration, we continually monitor trends in student health. Please note that if your child is sick, please do not send them to school especially if they have a fever. Also note that if they do have a fever, do not send them back to school until 24 hours after the fever has broken without the aid of acetaminophen or ibuprofen. So then how do you notify the school that your child is sick?

1. Call the front office at 243-5788 before 9 a.m.
2. Leave a detailed message stating who your child is and what is ailing them.
3. You must do this each day your child will be sick.
4. Remember that your child has 2 days for every day they are absent to make up their class work and homework.
5. Ensure that your child has the opportunity to rest.

If we all take care of each other by showing a courtesy of not coming to school sick, we can all stay healthy this school year.

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Halloween Carnival Information

A meeting will be held with room parents and volunteers on Tuesday, October 6, 2009, 3:00 p.m. to 4:00 p.m., in the Teacher's Lounge.

If you are interested in helping at the carnival, but cannot attend the meeting, please call Annette Paez, at 350-4564.



Calling all ghouls, witches and goblins...



Do you have any new or gently used Halloween decorations that you are willing to donate for the Halloween Carnival? If so, please send them with your little ghouls, witches and goblins. Anything will do - the more the better!

Do you know anyone that would be willing to donate cotton candy, caramel apples, prizes and trick-or-treat bags? Do you have one large generator and/or two small generators that can be used for the day? The generators can remain on a truck or trailer.

If so, please call Annette Paez at 350-4564.

Scrip Contest!

Please remember to buy Scrip on Tuesdays. Every week you order, your name will be placed in a drawing for a gift certificate. Remember – shop for those items you normally do and a percentage goes to St. Charles. It only takes a few minutes of your time. Thanks for supporting our school!

First Communion and First Reconciliation

If there are any students other than 2nd Graders needing to make their First Reconciliation and First Communion, please notify the office. Also, we **MUST** have a copy of your student's Baptismal certificate in order for them to receive the sacraments. Please contact us before October 9th.

Football – Games are at Bullhead

October 7 – San Felipe – 5:00 – Field 7

October 13 – St. Mary's ABQ – 5:00 – Field 6

October 15 – Holy Ghost – 4:00 – Field 6