



The Cardinal Flyer

MARCH 10, 2009

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BJ's Corner

A few years ago, I asked you to close your eyes and envision St. Charles School fifty years into the future. I don't know whether in your mind it was standing or torn down?

Last Friday I had a special guest, Michael Strayer. He went to St. Charles from 1952-1959. Mr. Strayer has not been in the Albuquerque area for over 26 years and was hoping "his school" was still standing. He was delighted that we indeed are standing and flourishing. Michael walked down memory lane with me and was thrilled that changes had been made to the structure but the school was much the same (doors and windows). Michael's picture is in our hallway as a 1st grader and he recalled his mom working in the lunch room. He had many wonderful memories to share with me.

Close your eyes. Where do you see St. Charles 50 years from now?

Have a great week.
B.J.

Kudos to...

Knights of Columbus of Prince of Peace for their generous donation to the St. Charles Scholarship fund.

St. Charles Annual Food Drive for the Storehouse

As of 3.9.09, we have collected 5,123 food items for the Storehouse. 5b is leading the way with 844 items collected and 6b is right behind them with 611 items collected. THANKS so much for your generosity. We are more than half way to our goal! The last day to bring items is 3.19.09. The Storehouse will be coming that morning to pick up our donations. Let us remember when we are serving the poor what Mother Teresa said "**Each one of them is Jesus in disguise.**"

Benefit Yard Sale

On Saturday, March 21, 2009 from 7:00 a.m. to 3:00 p.m. St. Charles will be holding a HUGE Yard Sale to raise money to help cover the medical expenses for Wes Cummings, brother-in-law of Gina Evans who works in our finance office.

It will be at 1219 Isleta Blvd. S.W. (across from Westside Community Center).

Wes Cummings is a husband and father of two - Lane and Jamie. Wes was

Calendar

March 9-13 Book Fair – Gym

March 11 – Mass 9:00 Young Catholic and Academic Awards

diagnosed with Crohns when he was 17 years old. Wes was diagnosed in 1992 with PSC – Primary Sclerosing Cholangitis which is part of the Crohns. PSC is a scarring of the bile ducts in and outside of the liver. The scarring is a slow disease that will eventually lead to complete liver failure. At this time there is no cure for this disease. The only relief of this disease is a liver transplant.

Wes is currently on the liver transplant waiting list at UCLA. Currently Wes travels to UCLA every 3 months for treatment for PSC. His transplant will take place as the disease progresses and his liver fails.

Wes has had stints put in the bile ducts of his liver several times. They do this procedure at UCLA. He can only leave the stints in for a short amount of time and then has to travel back to UCLA to have them removed. This time they removed the stints and did a balloon procedure (just like they do the heart).

To help this family pay for medical expenses (the estimate for just the transplant \$200,000.00 their portion) we will be holding the yard sale and NJHS and Builders Club will be holding a car wash soon.

Geography Bee New Update!

Congratulations to Megan Cadigan! She has qualified to represent St. Charles Borromeo School at the state level of the National Geographic Bee to be held on Friday April 3, 2009. We wish her the best of luck!

From the Nurse

The value of sleep is highly under rated. Sleep recharges your body each night. Children need at least 9-11 hours of sleep each night to function properly during the day. Last week alone I saw many students “dragging” themselves into school. As I investigated this phenomenon, a few teachers shared with me that a good many of their students were barely keeping their eyes open. I even had the occasion to observe many students sit with their tired heads down on the desk. I had a student come in because they fell asleep in class. Her reasons were that she stayed up all night watching movies. Tired bodies mean tired minds.

How can we expect our children to function properly at school with a few hours of sleep each night? It is not possible to be active in school pushing the mind to its absolute limit on just a few hours of sleep. Herein lays the challenge for all parents. How do we make time for our children to sleep and rest to replenish the body? How do we keep a healthy schedule for our children?

Make bedtime a schedule routine. Do not negotiate a time each night for sleep. Since school starts early for St. Charles School children in elementary need to be in bed by 730 pm or 8pm, children in middle school need to be in bed by 9pm at the latest. Bedtime is one of the most important activities your child will engage in all day. It winds down the day and sets up the next day.

Schedules can be hectic. Children need time to be children. When we enroll them in too many activities like piano, sports, scouting, and other things, we set them up for stress. Stress is okay but not if you are too tired to deal with all the myriad issues facing you trying to balance school, family and activities. If your child is complaining of being tired and can barely get

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their homework done at night, it is time to rethink how many activities they really need to be involved in.

Make sleep a priority. Sleep with ultimately help your child maintain appropriate energy levels. I hear quite often that kids were staying up late to watch the television. I also hear that they were at a basketball game or a competition. I almost never hear they were staying up late doing homework. When we model behavior that shows sleep is important our children will follow.

Car Pool

If you are interested in carpooling with me from Corrales, please call. I have a son in 3B. Merel Hancock 890-1585

From the Finance Office:

You can apply online for the Maloof and the Archbishop scholarship with FACTS Grant & Aid Assessment. The deadline is April 15, 2009. To apply a nonrefundable \$20.00 fee is due.

Apply online at www.factstuitionaid.com

Step 1: Select Applicant Sign In

Step 2: New Users select Create an Account or returning users enter their existing username and password.

If you forgot your password, click on the "trouble signing in," link to retrieve your existing username and password. If you are unable to retrieve you username and password continue as a New

User and click on Create an Account.

After completing the online application you will need to mail or fax the supporting documentation

Award decisions are made by the Catholic Foundation for the Maloof in August and the Archbishop scholarship in October.

Buy Scrip every week!

Please remember to buy Scrip. Remember – shop for those items you normally do and a percentage goes to St. Charles. It only takes a few minutes of your time. Thanks for supporting our school.

We have 100 and counting...

Keep those bags coming! We will continue to collect them – let's bring in enough bags for 50 more sixty-gallon bags by the end of March, Thanks for your support of our planet and school!

Girl Scout Cookies

Girl Scout cookies are here and will be on sale again in the parking lot soon.

From the Pastor's Perspective

Below I have included Items of note that I've been asked to share or share again! I hope that you will take the time to prepare with your child for the Lenten Season

and repeat some of the information about why the church observes such patterns during Lent. Here is some other news

Guidelines & Rule for Fasting & Abstinence During Lent

Lent is a time of baptismal renewal and preparation for the renewal of baptismal promises at Easter. Here are the following regulations Roman Catholics follow:

1. All Catholics 14 years and older are to abstain from all meat on Ash Wednesday, on all Fridays of Lent (unless a particular Friday is a solemnity, i.e. Saint Patrick's Day or Saint Joseph Day – March 19 or the Annunciation of the Lord – March 25) and Good Friday.
2. All Catholics who are between the ages of 18-59 are obliged to fast on Ash Wednesday and Good Friday. (Canon 1252)
3. Fasting permits one full meal and two lesser meals, which combined are not greater than the full meal. Eating between meals is not permitted.
4. A spirit of fasting is recommended during all of Lent in anticipation of the great feast of Easter. In this way, Christians express their hunger for God, their responsibility to the poor and their recognition of the Kingdom of God as the answer to all human hungers.
5. "Pastors and parents are to see to it that minors who are not bound by the law of fast and abstinence are educated in an authentic sense of penance (Canon 1252)."

Privileges – People on the Move: Airport workers, travelers and others while on board ships or airplanes are dispensed for the laws of fasting and abstinence for the duration of their journey (except Good Friday). However, it is desirable that those so dispense should perform some pious work in compensation.

Easter Duty: Every Catholic is to receive Holy Communion at least once between the First Sunday of Lent (March 1, 2009) and Trinity Sunday (June 7, 2009) unless a just cause would warrant some other time of year (Canon 920).

Scholarships for Catholic School Students

The Catholic Foundation is pleased to remind you of the Philip J. Maloof Scholarship Fund, providing tuition assistance to Catholic Schools students in Bernalillo County. Scholarships are awarded based on financial need and academic achievement. Scholarship will be given in amounts of \$500, \$1,000 for the 2009-2010 school year.

Families who wish to apply for a Maloof Scholarships must fill out a FACTS Grant and Aid Application which can be obtained at any one of the Catholic Schools in Bernalillo County or at the Catholic Foundation: 872-2901 or online at <www.factstuitionaid.com>. Deadline is April 15.

Transition & 75th Anniversary News: One of the features of my pastorate has been these catechetical flyers. Please do not expect the next pastor to be a writer – some pastors write regularly, others do not. We each have our own gifts that we bring to our ministry as your pastor. (My last day is June 16, 2009.)

We are in the process, with the 75th Anniversary Committee, Pastoral Council, Finance Council and Liturgy Commission, planning our transitional events and anniversary celebrations:

- **Monday, March 16-27:** Parish Pilgrimage to Italy in the footsteps of Saint Charles Borromeo.
- **75th ANNIVERSARY COMMITTEE MEETING:** Sunday, March 29, 1 p.m. in Mahady Meeting Room.
- **Sunday, June 7, 12 – 3 p.m.:** 75th anniversary Picnic and Raffle. We hope to be able to welcome our new pastor at this event. This will also be a special time to say farewell to the Blessed Sacrament Community that has served our parish for 43 years.
- **Saturday, June 13 – Evening Prayer Service and reception:** This is

the actual day of the canonical erection of the parish.

- **Sunday, June 14** – Last weekend Masses with Fr. Lane, SSS – Welcome to the new pastor. This is also our annual weekend when we hear of our support to our twin SSS parish in India, that we have adopted for these many years (Fr. Lane moves on Wednesday, June 17 – the new pastor begins on Tuesday, June 16.)
- **Saturday, November 7, 5 p.m. Fiesta Mass with Archbishop Sheehan and Anniversary Banquet Dinner at Hotel Albuquerque.** During this celebration, former priests and religious will be attending, including this author. Tickets will be sold to support the meal.

Catechesis on the Mass – Issue #452: Why do we not take Holy Communion from the Tabernacle during Mass? Communion Ministers have received a special article about this and are asked to pick it up in the sacristy. We all participate in the sacrifice of the Mass and receive communion from this sacrifice. Hosts are reserved for those who are not able to attend the Eucharistic liturgy or for the sick and viaticum. If you would like a copy of this article, please see me or come to the sacristy for the copies.

Traveling Exhibit on Hiroshima: Different parishes in the archdiocese will be hosting a special exhibit with photographs of the bombing of 1945. We have agreed to host the exhibit for a week as part of the continued awareness of the effects of nuclear war. Enjoy the exhibit from February 26 – March 6 in the vestibule and Committee Room. Let us continue to pray and work for peace and nuclear disarmament, sharing our resources with the greater needs in the world. Come after school with your child to discuss our history.

Novena for Peace and Social Justice: Plans for the upcoming annual rosary novena this May 3 - May 13 at St. Charles is underway! If you'd like to join the planning committee, please call Fatima Portugal at 235-5773. (We will not join for the novena on Sunday, May 10 due to Mother's Day). The novena ends on the feast of Our Lady of the Blessed Sacrament and Fatima. To help us with our costs for the prayer booklet and novena, please consider sponsoring an ad for the prayer booklet.

RCIA: We have several adults and ten children who are becoming Catholic or completing their initiation. Pray for them, especially as they present themselves to the archbishop on March 1 at the Rite of Election and Call to Continuing Conversion. Those who are interested in becoming Catholic may now begin for next year – join us on Wednesday nights for sessions. Furthermore, during Lent, let us enjoy our participation in the special rites that our children and adults will have as they grow toward the Easter Vigil and their initiation. Readings will be from Cycle A for the Scrutinies on weeks three to five during Lent.

Parish Center & Library: Since the Blessed Sacrament Fathers and Brothers have “left the building” and we are in the process of transition, with the archdiocese and parish assuming the management and bill paying, the parish is utilizing it well and enjoying the spaces. We have been able to add three new meeting spaces and offices for our Pastoral Staff and volunteers. Our new Mahady Meeting Room and Courtyard, with the kitchen so handy, has helped many of our regular meeting groups. Upstairs, the former music room is now the SSS Heritage Room, with special books, items and history of the Blessed Sacrament Community, as

well as Eucharistic theology magazines and books. All the writings of Saint Peter Julian Eymard and *Emmanuel Magazine: The Magazine of Eucharistic Spirituality* are available for parishioners to enjoy and read. In our former SSS Library, we are grateful to Vicenta Mata and esteemed educator Evangeline Baca for organizing and updating the shelves. This is now a parish library to enjoy. The former upstairs TV Room is now the Eymard Meeting Room (due to the pictures of our beloved saint on the walls).

Parish Picnic & Raffle Are Coming: We did not have any sponsor(s) come forward to print our tickets or donate prizes for the raffle. Please support the raffle, which support the picnic and allows it to be "free" for everyone to enjoy. We will have pony rides, jumpers, dancing (our wonderful DJ Danny Savilla will again provide the music), food, and much fun. Door prizes are needed – and will be giving to those present at the picnic this year. We are asking each parishioner to sell \$40 in tickets- there will be twelve tickets per book – you get to keep two dollars if you sell them individually. Here is the listing of items for the tickets that will be mailed to your home if you are a registered parishioner (more tickets may be picked up in the office for those who do not receive our mailings):

- Main Drawing at the Parish Picnic, **Sunday, June 7, 2008: Noon – 3 p.m.**
- **Drawings starts @ 2:30 p.m.**
- First Prize \$1,500 Seller: \$150
- Second – Fifth Prizes \$75 Seller: \$50
- For these \$\$\$ prizes, winner need not be present

Door Prizes donated by parishioners leading up to the picnic - Must be present to win door prizes (new this year!).

Three Early Bird Drawing:

Sunday, March 29, 2008: 9 a.m. Mass, Sunday, April 19, 2008: 11 a.m. Mass & Saturday, May 9, 2008: 5 p.m.

Refresher & Training for Liturgical Ministers:

We invite everyone to come again for a refresher or be trained for the first time in our liturgical ministries – especially those who serve during our weekday Masses. Here are the following sessions in church:

- **ALTAR SERVERS:** Wednesday, March 11, Wednesday, April 1, Saturday, April 18, and Wednesday, April 22. Wednesday sessions at 3:15 – 4:30 p.m. Saturday session at 9:30 a.m. – 10:45 a.m.
- **LECTORS:** please contact Manny Olona for the personal one-on-one training.
- **COMMUNION MINISTERS:** Tuesday, March 3, 6:30 p.m. or Saturday, March 7, 9:30 a.m. – 10:45 a.m.

A special retreat day for Ushers, Lectors, Communion Ministers and those Altar Servers old enough who wish to be present, will be on **Saturday, March 21 at 9:30 – 1:30 p.m.** with Fr. Norman Pelletier, SSS. Lunch is provided – please call the front office to reserve your special sandwich.

Adult Confirmation

Register for Adult Confirmation Classes, beginning Tuesday, March 3. The sacrament will be celebrated with the teens of our parishes (Aquinas Newman Center and Saint Charles) on Tuesday, April 21.

Preparing for Lent, Triduum & Eastertime

Lent begins this year on Ash Wednesday, February 25. The Triduum and Easter are set with the lunar calendar. Easter is always chosen to be on the Sunday after the first full moon after the first day of the vernal equinox (spring in our hemisphere.) Then we count backwards to select Ash Wednesday. The Triduum begins on Holy

Thursday at 4 p.m. (This is also when Lent ends.) The Triduum is the holiest, and most important liturgical season of the year, three days long from Holy Thursday to Easter Sunday. The "40 Days of Lent" are counted from the First Sunday of Lent until Holy Thursday, inclusive. Sundays "count" in Lent – hence this is why they are called "First Sunday" of Lent, "Second Sunday," etc. The days after Ash Wednesday are called "the Thursday after Ash Wednesday," "the Friday after Ash Wednesday," etc. If you ever noticed the words to the song, "These Forty Days of Lent," the verses speak about the readings on the First Sunday of Lent.

The season first began as an intense period of preparation for those becoming Christian. Then, for the baptized, it became an annual retreat to renew one's baptismal covenant. Let me review some other highlights and reminders:

- **WEEKDAY MASS:** Please attend regularly and participate in the Mass of the Church.
- **MARDI GRAS/PALM BURNING:** On *Tuesday, February 24 at 7 p.m.* there will be a special liturgy to burn our old palms and make ashes for the celebration that begins Lent. Please bring a dessert to share after the liturgy. We will gather in the Committee Room and burn the ashes on Borromeo Plaza (the entrance on the north side of the church). Please come to the liturgy – but if unable – please bring your old palms to the church by Sunday, February 22.
- **FASTING:** We fast from food on Ash Wednesday and Good Friday as a way for us to spiritually prepare and recognize our need to not indulge. We have one main meal and two small meals, for those who are physically able. We abstain from eating meat on Ash Wednesday, the Fridays of Lent and Good Friday to remind ourselves of the sacrifices, the ways we are called to holiness in our lives.
- **HOLY WATER:** Years ago it was customary to "fast" from the holy water during Lent. Church rules have been clarified and holy water fonts/stoops are only emptied during the beginning two days of the Triduum. This sacramental is still used, since Lent is about renewing our baptismal covenant.
- **FOCUS ON THE CROSS:** On Ash Wednesday, we have the cross placed on our forehead, the very same spot where we were traced with the cross of Christ at our baptism. We focus on this cross during Lent, especially Good Friday during the Triduum. The cross we venerate on Good Friday is used for the entire Paschal Season (Lent, Triduum & Easter – 96 Days). We have 4 crosses at Saint Charles – the one used during this time was made by members of our Vietnamese Community with wood blessed by the true Cross.
- **COVERING THE STATUES:** We fast from devotions and work on our interior spirituality during the season of Lent. We remove the plants from the sanctuary and vestibules as a way to symbolize that we are removing the areas of sin and diversion in our lives. Because of this, the custom of veiling or covering statues came into practice. Our Liturgy Commission made a decision two years, based on the rubric of the church to veil statues, and to extend it for the entire season of Lent (rather than the last few weeks) and unveil during the singing of the "Gloria" during Holy Thursday, when Lent is over.
- **STATIONS OF THE CROSS:** Each Friday during Lent and on Good Friday, there will be the celebration of the Way of the Cross at **Noon**. If you would like to help carry the cross or a candle, please let me know. We will have a special Social Justice Stations of the Cross on **Friday, February 27th at 7 p.m.**
- **MORNING PRAYER or EVENING PRAYER:** The official prayer of the church each day is celebrated at 8 a.m. and 5 p.m. While only clerics and religious orders are bound to these prayers, the entire church is strongly encouraged to participate in the official prayer of the church. These liturgies prepare us and deepen our experience of Eucharist. Here at Saint Charles, we pray the Liturgy of the Hours in the presence of the Blessed Sacrament in the chapel. Share with your boss the importance of this prayer in your life and take time once a week to join with us in this special time, before or after work, or both. It will become the best 20 minutes of your life!
- **OPERATION RICE BOWL:** Save those coins and other bills by your sacrifices. Skip a coffee and put it in your rice bowl. We will have a special priest, from Catholic Relief Services (Fr. David Garcia) who will talk about CRS and ORB.

- **NO FLOWERS DURING LENT:** One of the church rubrics, to maintain the spirit and season of Lent is to not have any flowers in church until the procession of the Gloria during the Easter Vigil. The other two exceptions are the Solemnities of Saint Joseph (March 19) and the Annunciation (March 25). This is always challenging for people, especially when there might be a funeral. We fast from the beauty of flowers, song (no "Alleluia") and other ways so that we deepen our affection for these items in the Easter Season. Thanks for not leaving flowers for the Sacred Heart, Saint Ann or Saint Jude – wait until Easter to share your flower intentions. In the meantime, have a Mass offered?
- **PREPARING FOR INITIATION:** We keep in our prayers those special people who are preparing for the sacraments of initiation (baptism, confirmation and eucharist). There is a special celebration on the First Sunday of Lent, March 8, here in our parish and then at the Cathedral-Basilica, where the archbishop chooses these members to have the sacraments celebrated in our parish at the Easter Vigil. Lent continues for the baptized as a time for us to renew our own baptismal covenant with the Lord that was made when we were baptized, as an infant, child or adult. **During the 3rd- 5th week of Lent, cycle A readings are used for the scrutinies. (We thank the lectors in advance!)**

- **EUCHARISTIC ASSOCIATES:** All are welcome – come for one, or for all of these special times/or events, ***First Thursday (the day of the Eucharist), March 5:***

- 4:15 p.m. Rosary (shrine chapel)
- 5:00 p.m. Evening Prayer (shrine chapel)
- 5:30 p.m. Novena with Saint Peter Julian Eymard (shrine chapel)
- 6:00 p.m. Potluck dinner (Mahady Meeting Room, bring a dish to share for 10)
- 6:30 p.m. Eucharist Talk (after or during supper in the MMR depending on the topic)

MARCH TOPIC: Aggregation of the Blessed Sacrament:

Come and learn if you wish to be an associate member of the Blessed Sacrament (yes, as a lay person!), following in the footsteps of Saint Peter Julian Eymard. Father Eymard founded the order for priests, brothers, deacons, sisters and laity. Now, the Congregation of the Blessed Sacrament is renewing it's lay associates and formalizing this relationship, especially as the brothers and priests leave. With laity continuing the mission, our special lay associates will continue the mission of the Congregation of the Blessed Sacrament. Learn about this special church law, canonical status of aggregation – lay people living the mission of the Blessed Sacrament.

- **SOLEMNITY OF SAINT JOSEPH:** Thursday, March 19: Office holiday – closed for this special holy day.
- **PARISH MISSION:** Saturday, March 21 (starting at the 5 p.m. Mass) until Wednesday, March 25. Here are some highlights:
 - **Monday night Penance Service: 7 p.m. in church**
 - **Tuesday night Taize Service: 7 p.m. in church**
 - **Wednesday night Potluck: 6 p.m. in gymnasium (note the change of venue)**
 - **Wednesday closing Mass: 7 p.m. in church**
- **SOLEMNITY OF THE ANNUNCIATION:** Wednesday, March 25: Office holiday – closed for this special holy day.
- **ANOINTING OF THE SICK:** During the 11 a.m. Mass, Sunday, March 29, or anytime by request after the Mass. (If you are going into the hospital for surgery, nursing home or other care facility, celebrate this sacrament with one of the priests.)
- **REMEMBER THE ACA:** You heard about the needs in the archdiocese for 2009. Help our parish truly be a stewardship parish with every parishioner pledging

something for the archdiocese. We must have each parish family pledge – to support our church, the church of New Mexico. **(A MINIMUM of \$10 is requested, or one meal for the work of the archdiocese. George in his talk said, one meal a month, or \$10 a month to the Catholic Church in NM.)** We all enjoy the services from the archdiocese; thanks for helping this vital work continue.

Statues of Saint Peter Julian Eymard & Our Lady of the Blessed Sacrament

Have you ordered your statue(s) today? Father Lane showed us during the Masses each one that are \$20 a piece and are a nice treasure for your home altar or the perfect gift for Easter or someone making their First Communion. Both saints are "Apostles of the Eucharist." Please contact the Front Office or Father Lane, SSS.

In Christ our Eucharist,



Reverend John Thomas Lane, SSS
18th Pastor of Saint Charles Borromeo Catholic Community

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Prayer for March 2009

Come, Holy Spirit, fill the hearts of your faithful.
And kindle in them the fire of your love.
Send forth your Spirit and they shall be created.
And you shall renew the face of the earth.